



JUNE 2017 CLASS SCHEDULE

SUNDAYS

8:00-9:15am **All Levels Vinyasa Yoga** with Ashley
10:00-11:15am **All Levels Vinyasa Yoga** with Ashley

MONDAYS

9:00-10:15am **Yin Yoga** with Cassandra
6:00-7:15pm **All Levels Vinyasa Yoga** with Jessica
7:30-8:45pm **Beginners/Gentle Vinyasa Yoga** with Jessica

TUESDAYS

9:00-10:15am **All Levels Kripalu Yoga** with Addie
4:15-5:30pm **All Levels Vinyasa Yoga** with Traci
6:00-7:15pm **Flow to Restore** with Ashley

WEDNESDAYS

9:00-10:15am **Core Strength Vinyasa** with Jessica
4:30-5:45pm **All Levels Kripalu Yoga** with Heather
7:00-8:15pm **Unwind Yoga** with Cassandra

THURSDAYS

9:00-10:15am **All Levels Kripalu Yoga** with Addie
4:15-5:30pm **All Levels Vinyasa Yoga** with Traci
7:00-8:15pm **Yin Yoga** with Jessica

FRIDAYS

9:00-10:15am **Gentle Vinyasa Yoga** with Jessica

SATURDAYS

9:00-10:15am **Core Strength Vinyasa Yoga** with Jessica
10:30-11:45am **Yin Yoga** with Jessica

For class descriptions, schedule changes & registration for events, please visit

www.forever-yoga.com

Upcoming Events in June - PRE-REGISTRATION REQUIRED

6/14 Yoga Teacher Training Info Night - 6pm FREE!! Learn more about our program

6/28 John of God Crystal Bed & Sound Healing Event - 6pm, \$20.00

CASH ONLY Donation Classes in May - No Pre-registration required

6/4 - Monthly Yoga Nidra Flow - 5-6:15pm BY DONATION

6/17 Yoga Teacher Training FUNdraising weekend BONUS DAY - See website for details

6/16 Friday Night Fundraising Flow - 5-6:15pm BY DONATION

Regular class prices: Drop in \$15;

Monthly Membership \$100;

25 Class Pass \$275 (expires 6 months from date of purchase);

10 Class Pass \$120 (expires 3 months from date of purchase);

5 Class Pass \$65 (expires 2 months from date of purchase);

Cash, personal checks and all major credit cards accepted